RESONANCE

This winter, we're bringing a slice of our Hunza sanctuary to you with the Resonance pop-up spa at Ambiance Boutique Art Hotel Lahore. Offering signature wellness experiences, this limited-time pop-up invites you to explore a range of healing therapies at special discounted rates.

Resonance offers a transformative experience, blending ancient wisdom with modern wellness practices to nurture the mind, body, and spirit. From December 2024 to January 2025, embrace your wellness journey with healing massages and customized treatments, in an artfully designed environment.





SIGNATURE MASSAGES

Exclusively curated for Resonance at

Ambiance Boutique Art Hotel Lahore.

Resonance Harmony

A relaxing massage combining soothing techniques with natural oils to restore balance and harmony.

18000

11700

15600

Hunza Vitality •
This massage offers the therapeutic power of warm compresses combined with a deep tissue massage.

Serenity Fusion Massage
An extended Swedish massage,
enhanced with facial and scalp therapy.

Resonance Revitalize • A revitalizing journey combining exfoliation with therapeutic techniques.

Gut Harmony Massage A nurturing therapy focused on gut health, complemented by a rejuvenating scalp massage.

Sacred Cleansing

This restorative ritual exfoliates the skin, boosts circulation, and supports your body's natural detox process.

11700





| | 30 mins | 60 mins |
|---|---------|---------------|
| Manual Lymphatic Drainage 🦫 | | 15000 |
| A gentle, rhythmic massage technique designed to stimulate the lymphatic system, enhancing your body's natural ability to eliminate toxins, reduce fluid retention, and promote overall wellness. | | 8400 |
| Foot Reflexology • | | 15000 |
| A therapeutic massage that targets key pressure points in the feet to harmonize energy flow and reduce stress. | | 8400 |
| Super Stretch • | | 15000 |
| A deep tissue massage with assisted stretching to improve flexibility, relieve muscle tension, and enhance mobility. | | 8400 |
| Hot Stone Massage • 90 mins | | 20000 |
| A soothing massage using warm stones to gently relax muscles, melt away stress, and improve circulation. | | 11200 |
| Resonance Massage • | 8000 | 15000 |
| A classic full-body massage that uses long, flowing strokes to enhance circulation, relieve tension, and promote deep relaxation. | 5600 | 8400 |
| Deep Tissue Massage • A powerful massage that targets chronic muscle tension and stubborn knots, relieving pain, improving mobility, and restoring natural alignment. | | 15000 8400 |

EXPRESS TREATMENTS

Scalp Massage

| A soothing scalp and neck massage that | |
|--|--|
| promotes relaxation and well-being. | |
| | |

30 mins

8000

| Head & Shoulder Massage |
|-------------------------------------|
| A calming treatment that melts away |
| stress and tension. |

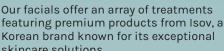
| FOOT Reflexology |
|--|
| A therapeutic massage that targets key |
| pressure points in the feet. |

| warm compress |
|---------------------------------------|
| A soothing treatment that uses heated |
| towels to relax muscles, improve |
| circulation and ease tension |

REVITALIZING FACIALS

Suitable for all skin types

firms skin.



| Korean brand known for its exceptional skincare solutions. | 30 mins | 60 mins |
|--|---------|---------|
| Resonance Reconnect Facial | 8000 | |
| A quick remedy to soothe sunburn, even out skin tone, and calm the skin. | 6400 | |
| Radiant Detox Facial Thoroughly cleanses and refreshes the | | 12000 |
| skin, visibly reducing the harmful effects of pollution. | | 9600 |
| Anti-aging Facial Helps target fine lines and wrinkles with | | 15000 |
| specialized techniques that promote cell renewal. | | 12000 |
| Resonance MLD Facial | | 15000 |
| A gentle, rhythmic massage to stimulate lymphatic flow, reduce puffiness, and detoxify the skin. | | 12000 |
| Glow Bright Facial | | 12000 |
| A quick, revitalizing treatment that deeply cleanses and exfoliates for instant brightening. | | 9600 |
| Age Perfect Facial | 8000 | |
| A rejuvenating treatment using anti-aging products that brightens and | 6400 | |