RES⊚NANCE

This winter, we're bringing a slice of our Hunza sanctuary to you with the Resonance pop-up spa at Ambiance Boutique Art Hotel Lahore. Offering signature wellness experiences, this limited-time pop-up invites you to explore a range of healing therapies at special discounted rates.

Resonance offers a transformative experience, blending ancient wisdom with modern wellness practices to nurture the mind, body, and spirit. From December 2024 to January 2025, embrace your wellness journey with healing massages and customized treatments, in an artfully designed environment.

SIGNATURE MASSAGES

Exclusively curated for Resonance at
Ambiance Boutique Art Hotel Lahore.

	60 mins	90 mins
Resonance Harmony ●	~~18000~~	~~24000~~
A relaxing massage combining soothing techniques with natural oils to restore balance and harmony.	11700	15600
Hunza Vitality ●		~~24000~~
This massage offers the therapeutic power of warm compresses combined with a deep tissue massage.		15600
Serenity Fusion Massage ●	~~18000~~	~~24000~~
An extended Swedish massage, enhanced with facial and scalp therapy.	11700	15600
Resonance Revitalize ●	~~18000~~	~~24000~~
A revitalizing journey combining exfoliation with therapeutic techniques.	11700	15600
Gut Harmony Massage ●	~~18000~~	
A nurturing therapy focused on gut health, complemented by a rejuvenating scalp massage.	11700	
Sacred Cleansing ●		~~18000~~
This restorative ritual exfoliates the skin, boosts circulation, and supports your body's natural detox process.		11700

● High ● Medium ● Low

SPECIALIZED THERAPIES

	30 mins	60 mins

Manual Lymphatic Drainage 🟡
A gentle, rhythmic massage technique designed to stimulate the lymphatic system, enhancing your body's natural ability to eliminate toxins, reduce fluid retention, and promote overall wellness.

	30 mins	60 mins
		~~15000~~ 8400

Foot Reflexology 🟢
A therapeutic massage that targets key pressure points in the feet to harmonize energy flow and reduce stress.

| | | ~~15000~~ 8400 |

Super Stretch 🔴
A deep tissue massage with assisted stretching to improve flexibility, relieve muscle tension, and enhance mobility.

| | | ~~15000~~ 8400 |

Hot Stone Massage 🔴 90 mins
A soothing massage using warm stones to gently relax muscles, melt away stress, and improve circulation.

| | | ~~20000~~ 11200 |

Resonance Massage 🟢
A classic full-body massage that uses long, flowing strokes to enhance circulation, relieve tension, and promote deep relaxation.

| | ~~8000~~ 5600 | ~~15000~~ 8400 |

Deep Tissue Massage 🔴
A powerful massage that targets chronic muscle tension and stubborn knots, relieving pain, improving mobility, and restoring natural alignment.

| | | ~~15000~~ 8400 |

EXPRESS TREATMENTS

30 mins

Scalp Massage ●
A soothing scalp and neck massage that
promotes relaxation and well-being.

~~8000~~
6400

Head & Shoulder Massage ●
A calming treatment that melts away
stress and tension.

~~8000~~
6400

Foot Reflexology ●
A therapeutic massage that targets key
pressure points in the feet.

~~8000~~
6400

Warm Compress ●
A soothing treatment that uses heated
towels to relax muscles, improve
circulation, and ease tension.

~~8000~~
6400

REVITALIZING FACIALS

Suitable for all skin types

Our facials offer an array of treatments
featuring premium products from Isov, a
Korean brand known for its exceptional
skincare solutions.

	30 mins	60 mins
Resonance Reconnect Facial A quick remedy to soothe sunburn, even out skin tone, and calm the skin.	~~8000~~ 6400	
Radiant Detox Facial Thoroughly cleanses and refreshes the skin, visibly reducing the harmful effects of pollution.		~~12000~~ 9600
Anti-aging Facial Helps target fine lines and wrinkles with specialized techniques that promote cell renewal.		~~15000~~ 12000
Resonance MLD Facial A gentle, rhythmic massage to stimulate lymphatic flow, reduce puffiness, and detoxify the skin.		~~15000~~ 12000
Glow Bright Facial A quick, revitalizing treatment that deeply cleanses and exfoliates for instant brightening.		~~12000~~ 9600
Age Perfect Facial A rejuvenating treatment using anti-aging products that brightens and firms skin.	~~8000~~ 6400	